

Richard Weiss, M.D.,

one of the few cosmetic surgeons who is also a board-certified eye surgeon, has been a leader in cosmetic surgery in California since 1986. Dr. Weiss performs cosmetic facial procedures

including eyelid and eyebrow surgery, mid-face elevation, laser skin resurfacing, and revision of previous surgery.

Dr. Weiss is a world-renowned surgeon who was given the honor of performing complex reconstructive eyelid surgery on then-President Nelson Mandela when he was summoned to South Africa in 1995. He was named a Physician of Excellence by the Orange County Medical Association (OCMA) on multiple occasions, a program established to honor physicians who deliver high-quality health care and exhibit special leadership skills.

Dr. Weiss has been injecting Botox and cosmetic fillers since 1990. He has also developed a patented method and invention for less painful Botox injections. Dr. Weiss has been a pioneer in laser wrinkle removal since 1995.

Dr. Weiss was trained at the following universities: New York University, Temple University, Georgetown University, University of Toronto, and University of Pennsylvania.

360 San Miguel Dr., Suite 403 Newport Beach, CA 92660 (949) 720-1400 www.drweiss.com



Blepharoplasty & Eyelid Rejuvenation



# Your eyes are the first thing people notice about you.

With blepharoplasty you can quickly look years younger!

As we go through life, the skin around our eyes stretches and wrinkles. Fatty deposits in the upper lids can lead to a heavy or droopy look, and those same fatty deposits under the eye can bulge forward and cause shadows to appear as dark circles, making you look tired or sad or older than you really are.

Fortunately, through modern techniques and advances in an eyelid rejuvenation procedure called blepharoplasty, Dr. Weiss can safely help restore a more refreshed, alert, and youthful look to your eyes.

#### Why is Eyelid Surgery Safer When Performed by an Oculoplastic Surgeon?

Ophthalmic plastic and reconstructive surgery (oculoplastic surgery) is a unique specialty combining training in ophthalmology and plastic surgery. This specialty has developed because of the vast amount of knowledge, expertise and special techniques needed to treat patients with conditions involving the eyelids and the area of the face adjacent to the eye.

The primary difference between general and ophthalmic plastic surgery is on the emphasis of the health of the eye and preservation of vision.

Oculoplastic surgeons have a special awareness of the importance of function as well as appearance and are the ultimate authorities on eyelid surgery. This highly specialized field also provides expertise in revising and repairing unsatisfactory results from previous cosmetic or reconstructive surgeries surrounding the eye.

## Removing the Bags and Dark Circles with No Skin Incision

Dr. Weiss has performed transconjunctival blepharoplasty (TCB) since 1987 when it was first introduced exclusively among oculoplastic surgeons. This procedure, used to improve the appearance of the lower eyelid, avoids skin incisions altogether, substantially reducing any risk. During a TCB, a tiny incision is made inside (behind) the lower eyelid. The fat deposits are removed, leaving no visible scar and minimal — if any — bruising. In fact, some patients are able to return to work on the very first day without makeup (we recommend two days of cool compresses to decrease swelling no matter how good you look!)

### **Before Blepharoplasty**

At your initial consultation, Dr. Weiss will personally evaluate the condition and health of your eyes and make sure eyelid surgery is safe for you. Your vision, eyelid function, tear production, use of contact lenses, and personal expectations will be considered and discussed. Together with Dr. Weiss, you will create a personalized surgical plan.

#### **During Blepharoplasty**

When possible, Dr. Weiss prefers to perform blepharoplasty using local anesthesia. This is the safest method and also leads to the most accurate and predictable results. You will be given a mild sedative to help you relax. After the initial injection, there is usually very little discomfort. The procedure generally lasts 1-2 hours.

**Upper lids:** Excess skin, muscle, and fatty tissue is removed. The incisions are made along the natural folds in the skin so that as they heal, they become difficult, if not impossible, to see with the passage of time.

**Lower lids:** When there is excessive skin or muscle folds below the eye, an incision is made just below the base of the eyelashes and the extra skin is removed. As this incision heals, the fine scar should also become barely visible. Sometimes lower lid wrinkles can be improved with laser skin resurfacing and a TCB (see above), thus avoiding a skin incision.

#### **After Blepharoplasty**

More than 70% of Dr. Weiss' patients have little or no bruising but a variable amount of swelling is common. If visible bruising does occur, it usually fades away by 8-10 days, but can be longer in some cases. Cold compresses, as well as head elevation, will help reduce swelling and bruising and minimize discomfort. Antibiotic eye ointments and/or eye drops will be used. Postoperative discomfort is usually relatively mild, although this will vary from patient to patient. Most patients require little, if any, pain medication. No eye patches are needed.

If sutures are used, they are removed in about a week by Dr. Weiss with a special microscopic suture removal method. Make-up can usually be applied after the stitches are removed.

Patients experience a marked improvement in their appearance after blepharoplasty. You will generally get back to normal and look more refreshed within 1-3 weeks.

#### **Unique Personalized Care**

Dr. Weiss provides a very high level of individualized care — performing extended private consultations with every patient. He personally calls every patient on the evening of surgery and sees all of his patients on the first post-operative day — and at almost every subsequent visit!

In fact, Dr. Weiss even takes out the sutures himself, with a special microscopic technique, after examining the skin under magnification to confirm that the incision is healing well.

Dr. Weiss is available to his patients 24/7 and encourages them to contact him at any time with questions. What's more, you can reach him directly by email. This personalized attention leads to a unique trusting doctorpatient relationship that greatly enhances the total surgical experience.

Actual Patients of Dr. Weiss:















